

AFTER STROKE

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Age 26, Stroke survivor

It came slow
But took away my glow

When it came before
I was in a snore

Got up but fell
But it swiftly went away
And all was well

This time around I invited it in
So it said "Great, lets go for a spin"

The next thing I know my legs were spiraling around
And no feeling could be found

But there were my parents I wish them well
Who held me up before I fell

I lay in bed for many days
Some in hospital
Not knowing the right ways

But peace be to them here and beyond
Who prayed for me
With some of them I had no bond

With all the help that was ready
I started walking within days
Slow but steady

Now with time I'll start to run
And look back at all of this and have some fun